

An Old-Time Thirst Quencher

Late summer and fall bring cooler temperatures and with them the harvest. Vegetables are brought in and stored for the long, cold months ahead. The last crop of hay is also harvested.

Haying parties have always been popular in Vermont. Farmers helped their neighbors with the big job of cutting and storing the hay. To quench their thirst they made a traditional haying drink called switchel.

Make some with your friends and see how you like it.

Combine: $\frac{1}{2}$ gallon of cold water
 $\frac{3}{4}$ cup of molasses
 $\frac{1}{4}$ cup cider vinegar
1 tbsp. powdered ginger

Stir mixture thoroughly.

Recipe makes 20 small servings.

